

# SERMON NOTES

## Escape Room - Praying Thru The Pain

Pastor Sheri Schaefer - February 28, 2021

### 1. We will \_\_\_\_\_ go through times of anxiety and pain.

*My fellow believers, when it seems as though you are facing nothing but difficulties, see it as an invaluable opportunity to experience the greatest joy that you can. For you know that when your faith is tested it stirs up power within you to endure all things.*

James 1:2. TPT

*Beloved, do not be surprised at the fiery ordeal which is taking place to test you. (That is the quality of your faith) as though something strange or unusual were happening to you.*

I Peter 4:12 AMP

Matt 26:38 - Even Jesus experienced anxiety and pain.

### 2. \_\_\_\_\_ is one of our most powerful weapons when facing pain and anxiety.

*So Jesus explained, "I tell you the truth, the Son can do nothing by himself. He does only what he sees the Father doing. Whatever the Father does, the Son also does.*

John 5:19 NLT

*I shall not die, but live and declare the works of the Lord.*

Psa 118:17 KJV

See also Isa 46:1, Rom 4:17

### 3. \_\_\_\_\_ when you are in pain and anxious, that is a signal to pray in humility and speak God's Word, casting all your care on Him.

*Let this mind be in you which was also in Christ Jesus....* Phil 2:5-11

## Meditation Verse

*Cast all your anxiety on Him because He cares for you.*  
1 Peter 5:7 NIV

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## ANNOUNCEMENTS

### LIFEGROUPS

**It's not too late to join!!**

Sign up on you communication card  
or online at [churchaliveabq.com](http://churchaliveabq.com)



### SPRING STOCK UP

**March 27**

Spring Community Outreach  
More info to come.



### SALT WORKSHOP

**March 21**

Sign up on your communication card  
or online @ [churchaliveabq.com](http://churchaliveabq.com)



Join us next week as we continue our series "Escape Room".